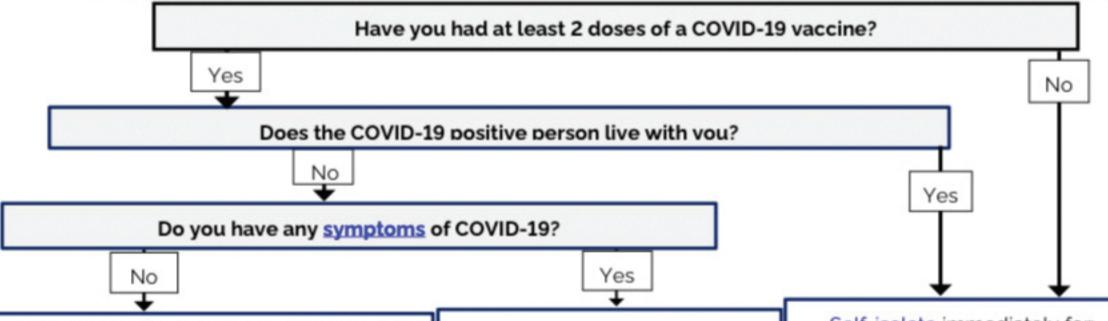


You've been exposed to someone who has tested positive for COVID-19 on PCR, rapid molecular, or rapid antigen test. Now what?

This guidance does not apply to individuals who live, work, volunteer or are admitted in a highest risk setting*



- <u>Self-monitor</u> for symptoms for 10 days.
- If leaving home, you should maintain masking, physical distancing and all other public health measures. You should NOT visit any highest risk settings* or individuals who may be at higher risk of illness (e.g., seniors) for 10 days from your last exposure.
- Report your exposure to your employer and follow any work restrictions.
- If you develop any symptoms, self-isolate immediately, get tested if eligible and follow the guidance for cases.
- Self-isolate immediately for at least 5 days following your symptom onset. and until your symptoms have been improving for at least 24 hours (48 hours if gastrointestinal symptoms), whichever is longer.
- If you are eligible for testing, get tested and follow the guidance for cases.

- Self-isolate immediately for:
 - 5 days if you are <u>fully vaccinated</u>
 or under 12 years of age
 - 10 days if you are partially vaccinated or unvaccinated or immune compromised.
- Self-monitor for symptoms for 10 days.
- If you develop symptoms continue to self-isolate and get tested if you are eligible. Follow the guidance for cases.

*Highest risk settings include hospitals, Long-Term Care, retirement homes, health care workers providing care to immunocompromised, congregate living settings

Note: In the context of Omicron, individuals who are previously positive in the last 90 days and not fully vaccinated are **not** considered equivalent to fully vaccinated.